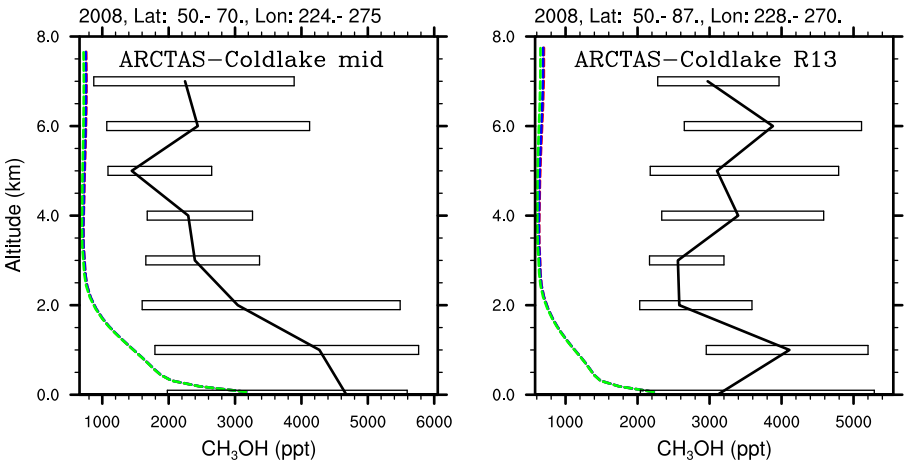Northern Hemisphere Polar JJA CH_3OH